



OPTIMAL SELF-MASTERY

Brace yourself for a blend of self-deprecating humour and fierce intelligence that guarantees a riveting and unforgettable performance.

A meteoric first career as a professional actor and musician saw Charlotte Storey working at the highest level with icons Sam Mendes and Rod Stewart, until surgical failure left her disabled and without the use of her right arm.

Broke and broken, she revived her fortunes as a top actor-trainer, preparing elite performers for roles in theatre, film, and television. Adept at creating multiple characters through physical and vocal mimicry, Charlotte's retelling of her story in many voices is both brilliant and profound in its exploration of the redoubtable human spirit.



Talks About:

- Unmasking Bias
- Performing Under Pressure
- Leading with Audacity
- From Introversion to Influence

