

Performing Under Pressure: Building a Strong Presentation Arsenal for Pitching and Keynote Success

Performance anxiety leads to lost business. Teams need a suite of mental, physical, and vocal approaches to maximise the effectiveness of keynotes and pitches.

Our guest speaker today is a former West End actor, saxophonist, and disabled pilot, who coached the Royal Marines Band through crippling performance anxiety in preparation for the funeral of Queen Elizabeth II and for the Coronation of King Charles II; two of the biggest gigs in history.

As a leading expert in elite performance mastery, she uses unconscious mind psychology and physical embodiment techniques to break the cycle of performance anxiety in high-achieving individuals seeking to maximise their personal impact to increase sales revenue.

She is going to help us to understand how the performance anxiety cycle can be broken to create consistent results under pressure.

Please welcome Elite Performance Expert
Charlotte Storey